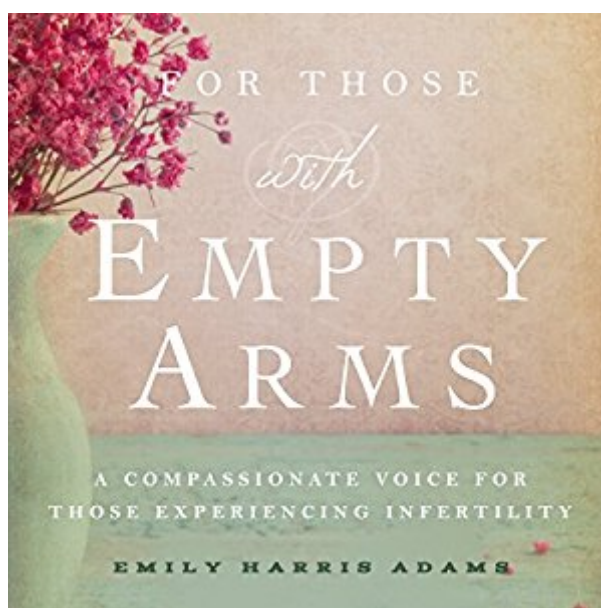


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# For Those With Empty Arms: A Compassionate Voice For Those Experiencing Infertility



## Synopsis

After receiving the news that in vitro would be her only hope for biological children, award-winning poet Emily Adams had to learn to live in a new world of needles, embarrassing tests, long waiting periods, and expensive doctor appointments. In this beautiful and touching book of poems and essays, Emily tells the story of the diagnosis and the chaotic years that followed. Despite the many instances of disappointment, she learned how to continue to hope. Emily Adams weaves a powerful and compassionate story for any woman who is desperately trying to conceive but can't.

## Book Information

Audible Audio Edition

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Whispersync for Voice: Ready

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## Customer Reviews

This is an excellent book for those experiencing infertility or many other forms of loss. It is also a great book for those who know someone with infertility. The author walks the reader through her experience with infertility & shows the struggles she (and her husband) encountered. The author is religious & that was a significant part of her experience, but she presents it in a very good way that isn't overbearing & that (I feel) even the non-religious should be able to relate to. This book does a great job of helping you see that your emotional responses are ok. You are allowed to feel however you feel, you shouldn't be ashamed of how you feel, nor should you feel pressured to just "get over" your feelings; they are real & valid. You need to find a way to work with and through them, but you aren't "bad" for feeling them. She also gives some insight into how to work through hard times with your spouse, how to stay close when you both are intensely hurting & could easily just splinter. All in all, I thought the book was wonderful & I recommend it.

This was a great read. I feel like most books about infertility discuss statistics and dissect charts. This book actually takes you through the emotional experience of infertility from the very beginning. I also really like that this isn't a "success story." It doesn't end with, "and now I have a baby." Sometimes the struggle with infertility doesn't end with a baby, and it's nice to know that you can be ok before a baby comes, and even if they don't. It's a great read whether you've had an experience with infertility or not. This hasn't been a struggle to me personally, but I have several friends who are going through it. Reading this gave me more insight to what they are going through and how I can help. There's even a "what ok to ask and what's not ok to ask" section. Very informative and very interesting. I couldn't put it down.

I have never felt the urge to contact an author, or write a review, until now. The author wrote a fantastic book that connected to my experiences in many ways. I have never highlighted a book so much. It made me laugh, and cry, and want to share it with everyone I know. Thank you for writing a book for people experiencing infertility, but also for others to understand it a bit more. I have read many clinical, straight forward infertility books, and this one was personal and touching. Thank you for writing this book.

I wish there was a way to get in touch with the author and thank her personally. I am in the middle of mine and my husband's infertility battle. It is devastating and lonely. What a comfort to have a book full of everything I am feeling. Emily's story has brought me validation, peace, and renewed hope in God. Thank you for being willing to share something I know first hand is incredibly painful and personal. I feel like you are a dear friend and I don't even know you. God Bless.

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